

# MAINE SUPPORT NETWORK

## **TelePD** Exciting Possibilities for Job-Embedded Professional Development (without leaving the workplace)

### Introduction:

The Maine Support Network is pleased to announce another avenue of professional development. This program is called TelePD. Increasing demands on educators' time, less professional development funds, and soaring gas prices have led us to look at alternatives for capacity building. This program of learning is presented via a phone conference call so that professionals do not have to leave their sites to participate in learning and practice new skills. TelePD is built on the foundation of what we know to be effective professional development: a clear purpose; site-based activity, ongoing and embedded in the work of the school.

### Workshops

One -hour interactive sessions will be provided to groups of professionals, with a maximum of 10 participants per session. You can choose the day and the hour. You can even schedule a session during team meeting time, a department planning period, early release or late start, as well as before or after school. The cost will be \$150.00 for each session.

*Choose from our beginning menu or let us know what is critical to you.*

- ♥ Strategies for Developing Motivated Students
- ♥ Equity: Key Ideas About Teaching With Gender In Mind ~ Session 1
- ♥ Equity: Strategies and Recommendations for Teaching With Gender In Mind ~ Session 2
- ♥ Resources for Breaking the Barriers of Poverty ~ Session 1
- ♥ Classroom Strategies for Breaking the Barriers of Poverty ~ Session 2
- ♥ Writing Strategies That Work
- ♥ Secrets for Building Effective Teams
- ♥ Avoid the Traps of Team Dysfunctions

### Mini-Retreats:

From decades of reform efforts that include standards, accountability and measurement, data-driven scientific instruction, and the importance of raising test scores, we have lost our spirit and passion in the workplace. These 30-minute retreats are designed to restore that sense of balance, retrieve the soul, and revive the joy and spirit of teaching. Any session will be provided to a group, with a maximum of 10 participants. You can choose the day and the hour. You can even schedule a session during team meeting time, a department planning period, early release or late start, as well as before or after school. The cost will be \$75.00 for each mini-retreat session.

Choose from the beginning menu or let us know what is critical to you.

- ♥ Cultivating Happiness
- ♥ Finding More Energy
- ♥ Taking Good Care of Ourselves
- ♥ Unleashing Creativity
- ♥ Finding the Balance in a Speeding World
- ♥ Getting Unstuck
- ♥ Connecting to Purpose and Values
- ♥ Reducing Stress

To arrange for sessions contact Ann Pike at (207) 645-2023 or [annpike@maine.edu](mailto:annpike@maine.edu).

### **About the Facilitator:**

Ann Pike is an Educational Consultant/Coach and has experience leading this type of professional development. She has served in the following roles: 30 + years as a classroom teacher; a supervisor for undergraduate students; a grant writer and director; and staff developer. She has taken courses at Coach U, and the Graduate School of Coaching. During the past 8 years Ann has been designing learning opportunities, courses, institutes, and workshops for teachers and administrators through the Western Maine Partnership, SEED, and the Maine Support Network.

**KATHRYN F. MARKOVCHICK, EXECUTIVE DIRECTOR**

P.O. Box 390, 8 Church Road, Readfield, ME 04355

1.866.291.0004

fax: 207.685.4455

[office@mainesupportnetwork.org](mailto:office@mainesupportnetwork.org)

[www.mainesupportnetwork.org](http://www.mainesupportnetwork.org)



**CELEBRATING AND SUPPORTING MAINE LEARNING COMMUNITIES**